# A Day in the Life of an IC Preschooler

## Half-Day

- Welcoming routine: Prayers, Pledge, Weather, Calendar, and Social Emotional Activity
- Circle Time: Literacy, Math, Religion, and Science introduced through weekly themes and Heggerty Phonological Awareness
- Healthy Snack Time
- Center and Small Group Time: Projects and activities that reinforce the lessons of the day such as counting and letter recognition
- Outside Play/Large Motor Room

## Full-Day

In addition to the morning activities:

- Lunch
- Rest Time
- Outside Play/Large Motor Room
- Small Group Activities

## Specials

- Art - once a week (4 year olds)
- Gym - twice a week
- Library - once a week
- Mass - once a month (Feb. - May)
- Music - twice a week
- Spanish - once a week for one trimester (4 year olds)